

Brian Heart Sroka

Objective: My intention is to offer my service in a harmonious environment in which I may apply and expand my knowledge of bodywork and healing. I am experienced in the areas of training, management, development and consulting and would like to explore these further.

Techniques: Swedish, Deep Tissue, LaStone Therapy, Vibrational Healing, Pranassage, Reiki, Sound Healing, Chi Nei Tsang (Internal Organ Massage) Cupping, and Moxabustion.

Experience:

2012	Baja Wellness – San Jose del Cabo, Mexico	Partner/Therapist
2009-11	On the Spot Massage - Berkeley, CA	Partner/Therapist
2008-09	Faena Hotel + Universe – Buenos Aires, Argentina	Therapist
2007-08	Las Ventanas al Paraiso - Los Cabos, Mexico	“Spa Butler”
2003-06	Nierika Holistic Retreat Center - Chalmita, Mexico	Director/Therapist
2001-02	Cabañas Copal - Tulum, Mexico	Director/Therapist
2000-01	Maya Tulum Spa and Resort - Tulum, Mexico	Therapist
1999-00	Asante Day Spa - San Francisco, CA	Therapist
1999	Luz de Mono Hotel - Montezuma, Costa Rica	Therapist

Education:

2009	Nosara Yoga Institute - Nosara, Costa Rica
2005	Professional Biofeedback Certificate Program - San Francisco, CA
2003	LaStone Therapy Original Body Training - Catalina Island, CA
2000	Healing Sounds Seminar - Kauai, HI
1997-99	San Francisco State University - San Francisco, CA
1997-98	Dr. Angela Wu L.Ac., O.M.D. - San Francisco, CA
1997	World School of Massage & Advanced Healing Arts - San Francisco, CA
1995-97	Dr. Andrew Lesko, D.C. - San Francisco, CA

Personal:

Healing and service have been my whole life for over fifteen years. I practice Yoga & Meditation and am always exploring different approaches. I speak English and Spanish fluently, and can converse in Portuguese and French.